

Scarsdale Sentinel



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Scarsdale Welcomes New Firefighters and Police Officers

BY STEPHEN E. LIPKEN

“At the Fire Department Ceremony on Monday, September 8, we officially welcomed firefighter Nicholas Camardella. Later in the day, we welcomed new Police Officers Philip Del Bene, Coleman Murphy and Manuel Vega,” said Scarsdale Mayor Justin K. Arest at the September 9 Village Board of Trustees meeting. Patrol Sergeant Patricia Arcesi was promoted to Lieutenant, the first female Lieutenant in the Department.

Victoria Sirota was reappointed to serve a six-year term as Town Assessor and Toby Levin was appointed to the Town Board of Assessment Review. Melissa Chai was appointed to the Arts Advisory Council.

Mayor Arest opened the meeting by recounting many important Sep-

tember events.

“We began the month with Labor Day, reminding us that work is more than a job title,” Arest stated. “It is the daily effort of residents, staff and neighbors who make Scarsdale what it is. Thursday, September 11 is Patriot Day. We pause to remember the lives taken, the families forever changed and first responders who ran toward danger. Let us honor them with silence, reflection and kindness.

“September is also National Preparedness Month. Make a family plan, check flashlights, medications and sign up for emergency alerts. We can never be too prepared

and if an emergency occurs, readiness matters.

“We mark Suicide Prevention Month, a chance to end stigma around mental health. The 988 Suicide and Crisis Lifeline Number is always available. From September 15 to October 15 we celebrate Hispanic Heritage Month. Rosh Hashanah begins at sundown on Monday, September 22 and Yom Kippur, Wednesday, October 1.”

Although the Public Hearing for Proposed Local Law to Amend Chapter 281 of Scarsdale Village Code concerning licensure of commercial tree businesses was adjourned to September



Mayor Justin K. Arest

30, concern was expressed regarding the cutting rate of Village trees—for every 1,000 trees cut down only 300 are replaced.

The Village also renewed a lease agreement with AT&T to place wireless telecommunication facilities on the smokestack at 110 Secor Road. Trustees also agreed to hold a Public Hearing on September 30 for a code change that will extend metered parking until midnight. It is now prohibited to park in metered spaces after 11 PM.

In a work session before the meeting, Scarsdale Police Chief Steven DelBene requested funding for a new dispatch and record keeping system. The new system would cost \$126,000 in the first year and \$72,000 in the second year, and would allow police to respond to emergency calls more quickly.



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From Despair to Hope: Conquering Peripheral Neuropathy

“My feet feel like they’re on fire.” “Each step feels like I’m walking through wet paint.” “I can’t sleep because my hands and feet tingle all night.” “I live in constant fear that I’ll fall.”

What do all of these people have in common? They each suffer from Peripheral Neuropathy (PN). It is estimated that more than 20 million people in the United States have PN. Unfortunately, this figure may be significantly higher as the disease is often misdiagnosed due to its wide array of symptoms.

Ginnette Diaz, Licensed Acupuncturist, founder of White Plains Acupuncture, shares the belief that PN is more common than even the worst estimate. “I’ve been treating neuropathy, in all its various forms, for over 15 years, and so often my patients come to me because of the symptoms, not because of a diagnosis. They read one of my news articles, or read the testimonial of another patient, and say to themselves, ‘Hey, I feel the same thing.’”

Frankie M. of Rye testified to this: “I remember my husband driving me to my consultation and I saw a woman running just outside our neighborhood. I was so envious- I

just kept thinking ‘I would give anything just to walk again.’ My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed.”

Fortunately, Frankie would eventually see Ginnette Diaz on the local news talking about similar symptoms and how she offers a real solution at White Plains Acupuncture. “I just knew I had to see her. She was my last hope.”

“Almost all of our patients come to us with a story similar to Frankie’s. They’ve been everywhere else. They’ve been told there’s no hope. They’ve been told it’s ‘just part of getting older,’” shares Jeinny, a Patient Care Technician at White Plains Acupuncture. “It just breaks my heart, but I know how much we can help people like Frankie, so I’m always so happy when they walk through our door.”

Peripheral neuropathy is a result of damage to the nerves, often caused by (and always compounded by) a lack of blood flow in the hands and feet. This lack of blood flow results in a lack of nutrients, and the nerves begin to degenerate and die. This causes pain and other sensations ranging from

uncomfortable to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. “In this case, the absence of pain is not necessarily a good thing,” shares Ginnette Diaz. “This usually indicates that your nerves are hanging on by a fragile thread.”

Those diagnosed with peripheral neuropathy often face a very grim reality: Western medicine declares that there is no solution, while alternative therapies offer little to no results. Ginnette Diaz and the staff at White Plains Acupuncture have a track record that proves that they are different, and they pride themselves on being “the last resort with the best results.”

So exactly how is Acupuncturist Ginnette Diaz able to reverse the effects of this degenerative disease? Through a unique blend of one of the most time-tested therapies and the most cutting-edge. “Acupuncture has been used to increase blood flow for thousands of years, and it helps get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy®. This is a technology that was originally developed by NASA to expedite healing and recovery.”

“I just can’t say enough about White Plains Acupuncture,” Frankie shares through tears of joy. “My husband and I moved here 3 years ago and he’s gone to the beach almost every day. I always stayed home because of the pain and discomfort. But yesterday, I walked on the beach with him! And next week we’re starting dancing lessons. I am truly living life these days.” “According to Frankie’s test

results, she has seen a 74% improvement in pain and functionality, which is on par with a majority of our patients,” shares Jeinny. “But more important than those test results is the joy she’s expressed in being here, and getting to hear about all the amazing things she’s able to do because she feels great!”

By seamlessly blending the ancient science of acupuncture with modern medical solutions, Ginnette Diaz has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed. “This not only aids in making a proper diagnosis, but it helps to define just how much nerve damage has occurred,” explains Ginnette Diaz. “This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I’m familiar with the medical miracle but I know my limits as a practitioner and the limits of my medicine.”

When it comes to treating Peripheral Neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling or ‘pins and needles,’ or you’ve recently been diagnosed with Peripheral Neuropathy (PN), it’s important to know that there are options.

There is hope.

**Call (914) 354-0333 to
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stories.**



Smoke Testing in the Bronx River Sewer District

The Village of Scarsdale’s consultant Mott MacDonald (MM) conducted smoke testing of the sanitary sewer lines and service connections to determine locations where excess rainwater and groundwater, also known as inflow and infiltration (I&I), may be entering the sewer system. The Village has a regulatory obligation to identify and ensure remediation of any public or private infrastructure contributing to I&I.

The testing area included portions of Overhill, Bramlee Heights, Arthur Manor, Drake Edgewood, Old Scarsdale, Heathcote, Sherbrooke Park, Murray Hill Middle Heathcote, and Fox Meadow neighborhoods. Smoke testing occurs on a street-by-street basis with direct notification to each property owner in the testing area. During testing, a non-toxic and non-staining smoke is released into manholes, which travels through the sanitary sewer system to detect breaks, leaks, and other deficiencies. During testing, smoke may be observed discharging from a variety of sources, including roof vents, building foundations, the ground, and catch basins.

Smoke will not enter a home under most circumstances, but smoke may enter a home if any of the following plumbing deficiencies are present:

- Vents connected to a home’s sewer pipes are inadequate, defective, or improperly installed;
- Traps under sinks, tubs, basins, showers, or other drains are dry, defective, improperly installed, or missing; or
- Pipes, connections, and/or wastewater drain system seals are damaged, defective, improperly installed, or have plugs missing.

Smoke entering a home is likely an indication that the underlying plumbing problem has also likely been allowing sanitary sewer gases and odors to enter the home, potentially contributing to unpleasant odors. Therefore, smoke testing not only helps the Village to identify and remediate problems with the Village’s sewer infrastructure but may also help homeowners by identifying private plumbing system problems requiring attention.

For more information, contact the Scarsdale Village Engineering Department at 914-722-1106 or email engineering@scarsdale.com.

Scarsdale Police Blotter

Monday, August 11, 2025, 5:33 AM: A 2023 Genesis GV80 was reported stolen overnight from the driveway of a home on Olmsted Road.

Tuesday, August 12, 2025, 10:27 PM: A 35-year-old Scarsdale man told police that his bicycle was stolen from the bike rack on Depot Plaza.

Thursday, August 14, 2025, 11:46 AM: A Boulevard resident reported that his wallet containing \$400, driver’s license, passport and a set of car keys were taken from his vehicle while it was parked in the driveway overnight.

Thursday, August 14, 12:51 PM: A Scarsdale resident told police that his mother took away his gaming device and will not return it. Police spoke to the mother, who said she took the device away because her son was misbehaving and it will be returned when his behavior improves.

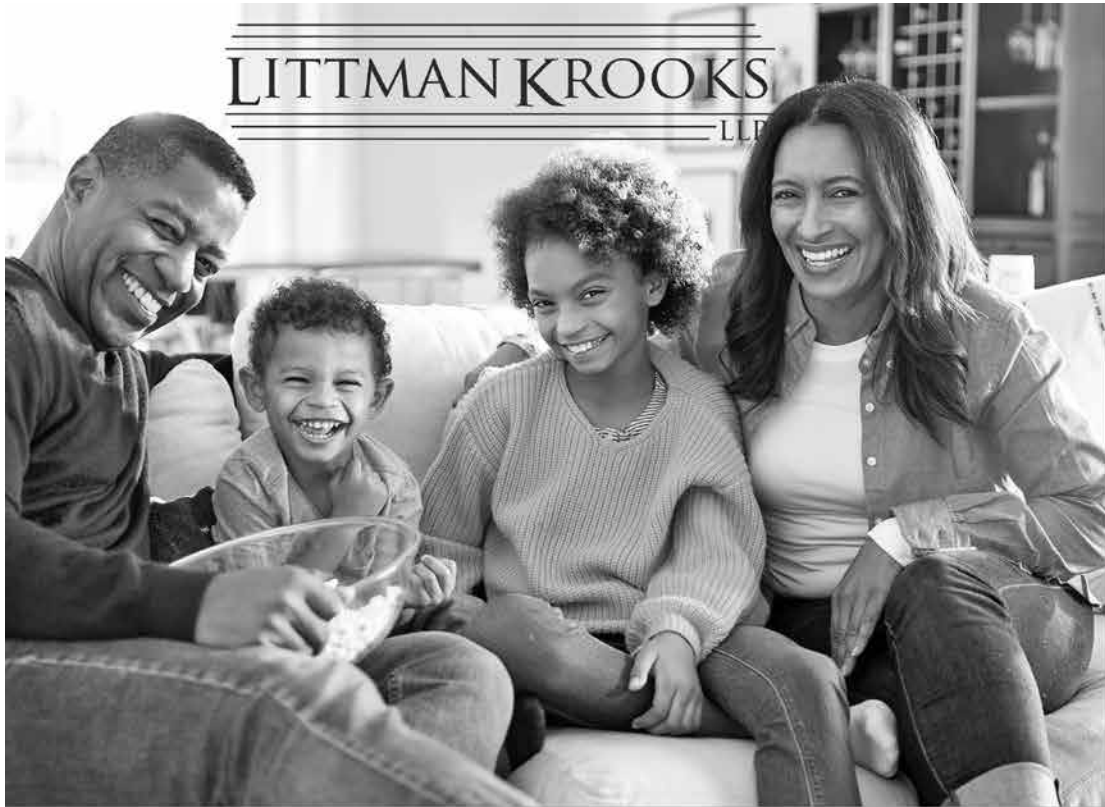
Friday, August 15, 3:53 PM: A 62-year-old Eastchester man was ticketed for speeding after police allegedly saw his Nissan sedan traveling 53 mph in a 30 mph zone. He also received summonses for third-degree aggravated unlicensed operation of a motor vehicle, driving an unregistered car and following too closely.

Monday, August 11, 2025, 5:15 PM: A Scarsdale resident told police that an employee of the Scarsdale pool complex found his wallet, even though he had not recently been to the pool. Approximately \$200 was missing from the wallet. The man told police that workers were in his home and they may have taken his wallet.

Tuesday, August 19, 2025, 2:54 PM: Scarsdale police and firefighters pried open a jammed door after a Wayside Lane resident reported he was trapped in his bathroom.

Wednesday, August 20, 2025, 3:19 PM: A woman reported that she lost her purse in the area of East Parkway. The purse contained her driver’s license and several credit cards.

Saturday, August 22, 2025, 2:45 PM: A Scarsdale woman told police that while she was walking near Lincoln Avenue between 9 AM and 10 AM, a man in a blue sedan pulled up alongside her and began asking personal questions, then asked her



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Westchester County Invests in Parents, Career Training and Crime-Fighting Technology

The Westchester County Board of Legislators acted to improve life quality for families, passing legislation to ensure diaper changing stations are available to all parents. Westchester families will soon find diaper changing stations in more places, easing outings with young children for mothers, fathers and other caretakers. The Board passed new bipartisan legislation requiring at least one changing station in all County park bathrooms and on each publicly accessible floor of County buildings. Currently, many men’s restrooms lack these facilities, forcing fathers to seek alternatives or ask female family members to handle diaper changes.

The bipartisan DIAPRS Act (Diapers Involve All Parents Regardless of Sex) was co-sponsored by 13 legislators from both parties. The County’s Department of Public Works and Transportation will create a plan indicating where new stations will be installed, their cost, and installation timeline.

Legislator Erika L. Pierce said, “Being able to change a diaper on the fly is no small need, and this legislation will help us make certain that every caregiver, regardless of their gender, can do that safely and hygienically. This is a real win for dads all across Westchester.”

Westchester Community College, part of the State University of New York (SUNY) system, now has approval to relocate the SUNY Westchester Educational Opportunity Center (EOC) to a larger, modern facility, following the Board’s passage of its 11-year lease. The new 44,000-square-foot facility on four

floors in Building #3 at 28 Wells Avenue in Yonkers will significantly expand the center’s capacity.

The EOC’s tuition-free programs provide crucial pathways for adult students to improve their financial trajectories and those of their families. The center offers vocational training programs, college preparation courses, and workforce development services that help eligible adults gain the skills and credentials needed for higher education or career-focused employment.

Legislator Jewel Williams Johnson, Chair of the Board’s Budget and Appropriations Committee, said, “As Legislator for District 8, home to WCC’s main campus and the district with the most students enrolled, I am proud to support this Local Law securing a new, stable home for the Educational Opportunity Center. Though the site is in Yonkers, this modern facility is an investment in our entire County. By expanding space and resources, we’re opening doors for more residents to gain the skills needed to thrive. This is not just about buildings — it’s about strengthening lives, families, and communities. Education remains our surest pathway to equity, mobility, and prosperity.”

In other business, Westchester residents will benefit from faster, more thorough investigations thanks to new funding for the District Attorney’s Office. The County Board approved \$1,091,000 to purchase modern crime-fighting tools. The funding will pay for improved forensic equipment to analyze evidence, upgraded surveillance systems to track criminal activity, and new computers and software to help prosecutors build stronger cases.

Girl Scouts Donate 360 Pounds of Cookies to Feeding Westchester

Feeding Westchester received a sweet surprise thanks to the Girl Scouts of the Scarsdale-Edgemont Service Unit, part of Girl Scouts Heart of the Hudson, Inc. last summer. The troop dropped off 52 cases—360 pounds—of Girl Scout Cookies to Feeding Westchester’s Distribution Center.

As part of the Girl Scout Cookie Program, customers have the option to donate their purchases to Operation Cookie Drop or a local charity of choice. The Scarsdale-Edgemont Girl Scouts selected Feeding Westchester, ensuring their community’s food bank could share the cookies with neighbors in need.

The cookies will be incorporated into Feeding Westchester’s regular food distributions, offering a welcomed treat to families visiting partner food pantries across the county.



Edgemont Volunteers Needed

Are you looking to make a meaningful impact in Edgemont? The Edgemont Community Council (ECC) is seeking volunteers to join its committees and contribute to the future of the community.

The ECC is Edgemont’s advocacy and civic engagement organization. The ECC represents the community’s interests and advocates for Edgemont at all levels of government. The organization maintains relationships at the town, county, state, and federal levels to advance issues that affect the Edgemont community. It is the only Edgemont community organization that represents all residents – newcomers, parents of current students, and empty nesters alike.

The Edgemont Community Council also builds community by planning events and supporting organizations that foster engagement and spirit. Each of Edgemont’s eight neighborhoods is represented on the ECC Board of Directors, and coordinates with neighborhood associations where they exist.

Signature community events supported by the ECC include the Crane’s Pond Halloween Parade, Menorah Lighting, Tree Lighting, and Carol Sing events; an annual community-wide service event; and the Edgemont Lunar New Year Celebration in partnership with the Edgemont Chinese Association. The ECC also sponsors the non-partisan School Board Nominating Committee (SBNC) and the Edgemont Newcomers Club.

The ECC maintains five standing committees, which are:
ECC Nominating: Helps identify and recruit community members to get involved with the ECC and manages the School Board Nominating Committee membership election process.

Governmental Affairs: Monitors and advocates on public policy and government activity that impacts Edgemont, including land use.

Newcomers: Plans gatherings for new residents in Edgemont to get to know each other and the greater community.

Programming: Plans and assists with community-wide events to bring residents together and foster community spirit and belonging.

Public Safety: Advocates for public safety initiatives to improve the quality of life in Edgemont, including initiatives related to traffic, sidewalks, and pedestrian safety.

This year, the ECC will also be establishing a Special Committee on Environmental Education, which aims to educate Edgemont residents about environmental issues and local initiatives while promoting a sustainable lifestyle — such as reducing food waste, planting native plants/removing invasive plants, and adopting eco-friendly lawn care.

Each committee meets regularly, with varying schedules. The ECC Board of Directors meets monthly — typically the first Monday of each month from September through June — in the Edgemont High School Faculty Lounge. All Edgemont residents are welcome to attend.

To learn more, attend the next meeting on Monday, October 6 and/or email Nom-Com@EdgemontECC.org.

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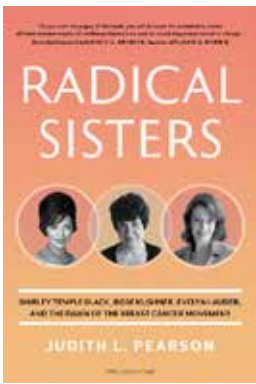
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Radical Sisters: Shirley Temple Black, Rose Kushner, Evelyn Lauder, and the Dawn of the Breast Cancer Movement, by Judith L. Pearson

Written by award-winning biographer Judith L. Pearson, *Radical Sisters: Shirley Temple Black, Rose Kushner, Evelyn Lauder, and the Dawn of the Breast Cancer Movement* is the rich and meticulously researched narrative of three women who couldn't have been more different, until they were diagnosed with breast cancer. In an era of medical myths and antiquated protocols, their intertwined stories began with the realization that treatment choices might not be their own.

In *Radical Sisters*, Pearson skillfully transports readers through three decades of a changing social landscape in America (the 1970s through the 1990s), highlighting the courage that transformed society's approach to breast cancer. Independently, these pioneers took on the most prevalent issues of their time: the cause, treatment, awareness, and cure of the disease. While none of them set out to be the trail-blazing advocates they became, they did for themselves what the mainstream healthcare system refused to do.

When Shirley was diagnosed in 1972, she eschewed the current surgical protocol of biopsy and potential radical mastectomy



all in one step. She then took the daring step of becoming the first celebrity to publicize her cancer. After Rose's 1974 diagnosis, and against overwhelming odds, her self-proclaimed "streak of stubbornness and loud voice" eventually saw to the eradication of that outdated "one-step" procedure, along with the barbaric radical mastectomies. From her deathbed, she valiantly shepherded legislation for insurance coverage of mammograms and breast reconstruction (which passed Congress just months after she died). Evelyn Lauder then picked up the battle when she was diagnosed with breast cancer in 1988. She was incensed by the lack of a comprehensive treatment center, paltry research funds, and lack of awareness for a disease that was literally killing women in epidemic proportions. Employing her impressive address book, she oversaw fundraising for New York City's Evelyn Lauder Breast Center and the Breast Cancer Research Foundation. And in a 1992 stroke of genius, she used her world-wide network of cosmetic counters to launch the now ubiquitous pink ribbon.

With a foreword by Nancy Brinker,

founder of Susan G. Komen, and timed for the 2025 National Breast Cancer Awareness Month, *Radical Sisters* acts as a mirror, allowing readers to see reflections of themselves, and their own experiences and struggles. It is a powerful and emotional take on the evolution of the women's health

movement (and their participation in medicine) and the breast cancer revolution. All women (more than 300,000 of whom will be diagnosed this year) and those who love them owe these "radical sisters" a debt of gratitude for their place in history.

Iona University Unveils New Dining Hall and Student Union



Iona University celebrated its newly renovated dining hall and student union with a recent ribbon cutting ceremony, marking a major milestone in its ongoing commitment to elevating the student experience.

The 20,000-square-foot, two-story transformation of the LaPenta Student Union reflects a vibrant vision of campus life, one that fosters connection, curiosity and community.

"We are excited to provide our students with this state-of-the-art dining facility at the center of campus," said Seamus Carey, PhD, president of Iona University. "In addition to being aesthetically beautiful, it will facilitate cordial interactions among students, which will deepen the sense of community for which Iona is well-known."

With sweeping views of the Murphy Green, Mazzella Field and the LaPenta School of Business, the dining hall maximizes natural light with expansive windows and retractable doors that open to outdoor patios.

Inside, students can enjoy upgraded campus favorites such as pizzas, pastas, hand-crafted deli sandwiches, international cuisine and more, alongside expanded healthy offerings such as vegan and vegetarian dishes, high-protein smoothies, gluten-free options, and fresh, non-GMO snacks.

In a continued effort to enhance sustainability and the overall experience, the dining hall also now features reusable plates and silverware – adding that extra touch of comfort and environmental consciousness to every meal.

On the ground floor, a 6,000-square-foot student lounge and club meeting space provides multipurpose rooms for student organizations, cozy seating areas, flat-screen TVs, and a striking gas fireplace. The lounge seamlessly connects to an updated, on-site Starbucks, offering an additional location for the campus community to gather.

"This entire space was built with students in mind," said Kevin O'Sullivan, senior vice president for Enrollment Management & Student Affairs. "It's about creating a place to connect, build student leadership, relax with friends and learn in all the ways that happen beyond the classroom, as a community of Gaels. We are so excited for all that will come to life through this new space."

"This wonderful renovation on campus will redefine how Gaels continue to breathe new life into our campus," said Krisna Rivera '26, president of Iona's Student Government Association. "I am grateful to be in a community that invests in its students' experience, both in and out of the classroom. I look forward to the many memories that will be shared in this dynamic new space."

Scarsdale School Board Considers 2026 Bond Referendum

After nine meetings between March and September, the Capital Projects Steering Committee, a multi stakeholder group of roughly 40 members, recommended an initial scope of work to the Scarsdale Board of Education. The scope of work includes a proposed \$95.6 million in infrastructure, air conditioning, fields and building construction/renovation projects. The estimated annual average property tax increase would be about \$560.

The action marks the start of a months-long process of engagement around the recommendations and refinement of a work scope for a potential bond referendum in 2026. Opportunities for community input will be forthcoming. More information can be found on the Scarsdale School Board's governance website, BoardDocs, <https://go.boarddocs.com/ny/scarsdale/Board.nsf/vpublic?open#tab-meetings>.



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Table Hopping with Morris Gut

Enjoy the Sights, Sounds and Flavors of India During Diwali

Diwali, the Hindu Festival of Lights, is a major holiday throughout India and the rest of the globe. It is a fine time to enjoy the vibrant flavors of Indian cuisine. It lasts five days, this year peaking on October 20. It is marked by rituals, parades, and plenty of good food. Here are some local spots to take in those exotic flavors. Dine in or take out:

Mumbai Katta, 227 Westchester Ave., Port Chester. 516-953-3265 Anita and Jayant Gawde have opened a vibrant ode to flavorful regional Indian street food. They will mark the traditional five-day festival of Diwali. Anita is a dynamo in front and back of the house. www.mumbaikatta.com

Neha Palace, 27 Meyer Ave., Yonkers at Cross County Shopping Center. 914-476-5900 Diya Ramchandani's big, elegant restaurant and catering venue serves Halal cuisine. www.nehapalaceyonkers.com

Marigold Cuisine, 434 White Plains Road, Eastchester. 914-202-9455 Michelin recognized chef Hermant Mathur, who was personal chef to the Prime Minister of India, offers a creative modern take on Indian cuisine. www.ordermarigoldrestaurant.com

Tandoori Taste of India, 223 Westchester Ave., Port Chester 914-937-2727 Bharat Patel, pioneer proprietor of long running Tandoori Taste of India, will be marking Diwali with a grand buffet and specialties at lunch and dinner. www.tandooritasteofindia.com

Indi Q Indian Bistro & BBQ, 61 Old Route 22, Armonk. 914-273-5931 Lovely setting operated by the owners of Tandoori. www.indiqarmonk.com

Jaipore Royal Indian Cuisine, 280 Route 22, Brewster. 845-277-3549 A lot of local history coming out of this historic mansion. www.jaiporenyc.com

Chutney Masala, 76 Main St., Irvington. 914-591-5500 Chef Navjot Arora runs a creative kitchen as recognized by the Michelin Restaurant Guide. www.chutneymasala.com

Coromandel Cuisine of India, 464 North Ave., New Rochelle. 914-235-8390 The best Indian take-out in the Queen City. You may remember them from their former Division Street location. www.coromandeltoogo.com

Coriander-Modern Indian, 154 Larchmont Ave., Larchmont. 914-235-1306 Proprietor Shawn Nagpal and his team offer a modern touch to their regional Indian



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cuisine. www.corianderny.com

Spice Village, 8 Columbus Ave., Tuckahoe. 914-562-9466 Serving the public in southern Westchester for years. Try the lamb chops. www.spicevillageny.com

Mughal Palace, 16 Broadway, Valhalla. 914-997-6090 Alam and staff are consistently accommodating. www.mughalpalace.com

RaaSa Fine Indian Cuisine, 145 E. Main St., Elmsford. 914-347-7890 A solid kitchen and front of the house team recognized by the Michelin Restaurant Guide. www.raasany.com

Ambadi Kebab & Grill, 141 E. Post Road, White Plains. 914-686-2014 Indian and halal cuisine by the owner of Mughal Palace. www.ambadiusa.com

Royal Palace, 77 Knollwood Road, Hartsdale/White Plains. 914-289-1988 Owner Jagdish Mitter has been operating this sprawling Indian eatery for more than 20 years. www.royalpalacecuisines.com

NH44 Indian, 219 E. Hartsdale Ave., Hartsdale. 914-574-5262 Jeevan Pullan and Rashan Balan named their restaurant after the longest highway in India. Indian specialties with aplomb. www.nh44indian.com

Morris Gut is a restaurant marketing consultant and former restaurant trade magazine editor. He has been tracking and writing about the food and dining scene in greater Westchester for more than 30 years. He may be reached at: 914-235-6591. Email: gutreactions@optonline.net



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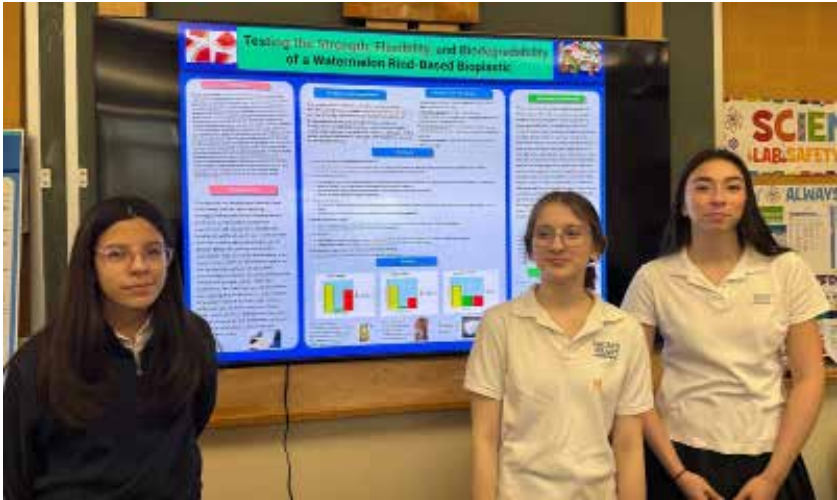
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Sacred Heart Greenwich Upper School Students Named Among Nation’s Top 300 in STEM



Sacred Heart Greenwich Students Mia Cartagena ‘29, Bonnie Ukperaj ‘29 and Stephanie Galvez ‘29 compete at Connecticut Science and Engineering Fair. Courtesy of Sacred Heart Greenwich.

As 8th graders, Stephanie Galvez ‘29, Bonnie Ukperaj ‘29 and Mia Cartagena ‘29 created the project “Testing the Strength, Flexibility, and Biodegradability of a Watermelon Rind-Based Bioplastic” for the Connecticut Science and Engineering Fair (CSEF). Their innovative work earned them a finalist medal and the opportunity to advance to the next round of judging.

They went on to win first place in their category and qualify for the 2025 Thermo Fisher Scientific Junior Innovators Challenge—one of the nation’s most prestigious STEM competitions for students their age—where they were recently recognized among the Top 300 students in the nation.

Westchester County Receives 2025 New York State Tourism Excellence Award

Westchester County Tourism & Film received the prestigious Excellence in Tourism Marketing Campaigns, Projects & Programs Award from the New York State Tourism Industry Association (NYSTIA) celebrating its commitment to innovative community-driven tourism initiatives. This award recognizes the effectiveness, creativity and ongoing commitment of the County’s Tourism & Film office to showcasing the beauty, attractions and dynamic opportunities inherent to Westchester.

Westchester County Executive Ken Jenkins said: “Tourism is more than just a driver of economic growth—it’s a reflection of the stories, culture and communities that make Westchester so special. This recognition is a testament to the hard work of our tourism professionals, small businesses and local partners who welcome visitors with open arms and unforgettable experiences. We’re proud to be a destination of choice and look forward to continue to share Westchester’s rich history and diverse beauty.”

Westchester County Tourism & Film Director Natasha Caputo said: “This award is a tremendous honor and a reflection of the passion and creativity that drive our tourism and film industries every day. From our scenic river towns and cultural institutions, to our local craft breweries and hospitality partners, Westchester continues to shine as a vibrant and welcoming world-class destination. We’re grateful for the collaboration across sectors that makes this success possible—and look forward to continue to champion new opportunities for growth and innovation.”

The New York State Tourism Excellence Award was given to Westchester County Tourism & Film for its PR and promotional efforts that went into its “Pouring New Life into Westchester” campaign in collaboration with Mower, an award-winning public relations and marketing firm. Included in this campaign was the launch of the Westchester Craft Beverage Trail, which is a free, web-based “passport” program that highlights the County’s standout craft beverage scene. Since its launch, the campaign has encouraged visitors to discover diverse regions of the county, promoting local businesses and enhancing the visitor experience with a rewarding engagement system.

Each year, the New York State Tourism Excellence Awards program honors exceptional achievements by New York’s destination marketing organizations, attractions and tourism professionals across a wide range of categories, including marketing, destination stewardship and leadership. The honorees for 2025 were celebrated at a special ceremony and reception, hosted by Advance Media New York, in Lake George.



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The Pros and Cons of Co-Fiduciaries in Estate Planning

BY BERNARD A. KROOKS, CERTIFIED
ELDER LAW ATTORNEY
SPECIAL GUEST CONTRIBUTOR: JOEL
KROOKS, ESQ.

In estate planning, a fiduciary is someone entrusted with managing another person’s assets and affairs, often serving as an executor, trustee, or power of attorney. Many individuals consider appointing co-fiduciaries—two or more people sharing fiduciary responsibility—to ensure a balance of perspectives and safeguard decision-making. Many clients express a desire to treat all of their children equally, which often leads them to consider naming all of them as co-fiduciaries. While co-fiduciaries can offer several advantages, there are also important drawbacks to consider.

Pros of Appointing Co-Fiduciaries

Checks and Balances: One of the most common reasons for appointing co-fiduciaries is to create a system of checks and balances. When more than one person is involved, the risk of mismanagement, fraud, or favoritism is reduced. This can be particularly important in high-value estates.

Shared Workload: Estate or Trust administration can be time-consuming and complex. Co-fiduciaries can divide responsibilities, such as communicating with beneficiaries, managing assets, filing taxes, and handling legal matters. This shared workload can reduce stress and ensure that no single fiduciary is overwhelmed. Co-fiduciaries can also bring complementary skills to the table. For example, one fiduciary might be financially savvy, while the other has strong interpersonal skills for dealing with family dynamics. This can lead to more well-rounded decision-making.

Family Representation: In blended families or when children from multiple marriages are involved, appointing co-fiduciaries from different branches of the family can help maintain neutrality and foster trust among heirs.

Cons of Appointing Co-Fiduciaries

Risk of Disagreement: Co-fiduciaries must make decisions together, and disagreements can delay important actions or lead to legal disputes. If the co-fiduciaries have conflicting personalities or values, the process can become contentious, causing friction among heirs and potentially increasing legal costs. If the co-fiduciaries are family members, it can also lead to conflicts among family

members and strain or even damage relationships. While the intention may be fairness, asking children to manage an estate together can place emotional stress on them—especially during a time of grief. The pressure to make joint decisions under emotional strain can deepen rifts rather than promote unity.

Slower Decision-Making: Requiring the agreement of multiple parties often slows down decision-making, especially if the fiduciaries are located in different cities or states. In urgent situations, such delays can be problematic. If co-fiduciaries are evenly split on a decision and there’s no mechanism in the estate plan to resolve a deadlock, administration can stall entirely. This might require court intervention to break the tie, further complicating the process.

Unequal Participation: In practice, one co-fiduciary may end up doing the bulk of the work while the other remains passive. This can breed resentment or lead to inefficiencies, particularly if compensation is shared equally.

Difficulty in Financial Institutions and Courts: Some banks, brokerage firms, or courts prefer working with a single decision-maker. They may impose stricter requirements when multiple fiduciaries are involved—such as needing all signatures for every transaction—leading to delays and frustration.

Conclusion

Appointing co-fiduciaries in an estate plan can provide balance, accountability, and shared responsibility—but it can also introduce the risk of conflict, inefficiency, and delays. When considering co-fiduciaries, it’s important to choose individuals who communicate well, share mutual respect, and are capable of working together under pressure. Consulting with an estate planning attorney can help you weigh these factors and structure your fiduciary appointments to best serve your estate’s goals.

Bernard A. Krooks, Esq., is a founding partner of Littman Krooks LLP. He was named 2021 “Lawyer of the Year” by Best Lawyers in America® for excellence in Elder Law and has been honored as one of the “Best Lawyers” in America since 2008. He was elected to the Estate Planning Hall of Fame by the National Association of Estate Planners & Councils (NAEPC). Krooks is past Chair of the Elder Law Committee of the American College of Trust and Estate Counsel (ACTEC). Mr. Krooks may be reached at (914-684-2100) or by visiting the firm’s website at www.littmankrooks.com.

Scarsdale Police Blotter

CONTINUED FROM PAGE 3

to reach into his car and shake his hand. When she refused, he drove away. The man is described as a white male with gray hair, between 60 and 70 years old, who said his name is Jerry.

Sunday, August 23, 2025, 9:23 AM: A resident of Murray Hill Road told police that her son’s Apple AirBook laptop was stolen from his bag while he was traveling in Chile.

Sunday, August 24, 2025, 9:32 AM: A Brewster Road resident reported that several items were stolen from his car overnight while it was parked outside his home.

Monday, August 25, 2025, 2:54 AM: A Scarsdale Avenue store clerk told police that two men stole wireless ear buds, and hit him when he tried to prevent them from leaving the store. The men fled in a Toyota sedan that was waiting outside.

Tuesday, September 2, 2025, 12:41 PM: After observing a vehicle with an expired inspection sticker outside Scarsdale Middle School, 134 Mamaroneck Road, police issued tickets for driving an uninspected motor vehicle, driving with a suspended registration, and third-degree aggravated unlicensed operation of a motor vehicle.

Wednesday, September 3, 2025, 2:50 PM: A 43-year-old White Plains woman was ticketed for driving with a suspended registration and speeding after police allegedly observed her car drive over the speed limit on Post Road.

Wednesday, September 3, 2025, 4:24 PM: A Fenimore Road resident reported that she has been receiving numerous phone calls and text messages claiming she has an unpaid balance on a recent purchase. The woman gave the caller her driver’s license information, and the calls increased when she refused to provide

her bank account numbers. Police advised her to stop responding to the phone calls and text messages.

Wednesday, September 3, 2025, 11:43 PM: A resident of Clarence Road reported that when he arrived home he found the back door open and cars had been moved in his driveway. A coffee pot was missing.

Friday, September 5, 2025, 4:47 PM: A Heathcote Road woman told police that she lost her diamond bracelet while walking her dog. She searched inside her house, on her property and the route she walked with her dog, but could not find the bracelet.

Tuesday, September 9, 8:58 AM: A school employee reported that high school students were parking in a fire lane outside the Scarsdale Alternative School, 45 Wayside Lane. Police issued seven citations to illegally parked cars.

Saturday, September 6, 2025: 4:06 PM: A Brite Avenue resident reported that his political postings on X resulted in an exchange of angry messages with an unknown person, who found his phone number and began sending abusive text messages. He blocked the person, and asked police to monitor his home in case the person found his home address.

Saturday, September 13, 7:17 PM: A Lyons Road man told police that a walnut fell from his neighbor’s tree onto his car and cracked the windshield.

Sunday, September 14, 11:47 AM: A Sage Terrace resident reported that two chrysanthemum plants were stolen from her front lawn.

Sunday, September 14, 7:06 PM: A Scarsdale man told police that his wallet and credit cards were stolen from his car while it was parked on Mamaroneck Road.

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Calendar October 2025



“Love Thy Neighbor” Art Exhibition
Wednesday, Oct 1 to Thursday, Oct 30
Scarsdale Public Library, 54 Olmsted Rd
A collection of paintings by local artist Lori Kapner Hosp focuses on goodwill among people of different faiths. Opening reception on Sunday, October 5, from 2 PM to 4 PM. Painting sales will benefit the ACLU of New York, NAACP and the Anti-Defamation League. For more information, email LoriKapnerHosp@gmail.com.



Fall Scarecrow Making Hay Day
Saturday, October 4, 11 AM to 2 PM
Scarsdale Pool Complex, 311 Mamaroneck Rd
Families will create and take home a life-size scarecrow, and enjoy a fun-filled day of music, animals and more. Families must bring clothing to build the scarecrow, such as a long-sleeve shirt, jeans and hat. Fee is \$70 per family, and registration is required. To register, go to <https://secure.rec1.com/NY/village-of-scarsdale-ny/catalog>



Midcentury Modern House Walking Tour
Sunday, October 5, 1 PM and 3:30 PM
Twenty-One Acres Enclave, Ardsley
This neighborhood is a gem of 1950s' homes developed by a collective of architects and other design professionals who created an idyllic place to raise their young families. The progressive spirit of their vision has endured here for decades! For tickets, go to <https://histoury.org/historical-tour-calendar-and-tickets/>



Romeo & Juliet
Thursday, October 30, 6:30 PM
Sunday, November 2, 1 PM
JCCMW Bendheim Performing Arts Center, 999. Wilmot Road, Scarsdale
In this new interpretation of the classic ballet, the passion and peril of Verona are retold through a multiplicity of voices and perspectives with three different casts: male/female, male/male, and female/female. With breathtaking choreography, an emotive score from Sergei Prokofiev, and fearless storytelling from the dancers of the Jewish Community Center of Mid-Westchester and Hudson Ballet Theatre, this production challenges conventions of classical ballet. It's a celebration of love in all its forms—achingly beautiful, deeply human, and tragically fleeting. Saturday, November 1, 6:45 PM: Romeo & Julian (male/male) Sunday, November 2, 5 PM: Romy & Juliet (female/female) Tickets can be purchased at ticketleap.events/tickets/jccmw/RJ

Bicycle Sunday
Sunday, October 5, 10 AM to 2 PM
Bronx River Parkway, Scarsdale
A 6.5-mile stretch of the historic Bronx River Parkway will be closed to traffic so bicyclists, skaters, joggers, and walkers can enjoy the route. Learn more at <https://www.thewpf.org/bicycle-sundays>

Jazz Pianist Laszlo Gordony
Tuesday, October 7, 2 PM
Scarsdale Woman's Club, 37 Drake Road
Jazz pianist and composer Laszlo Gardony, a winner in the Great American Jazz Piano Competition, will perform. His album Serious Play was named one of the best jazz albums of 2017 by Downbeat Magazine. Gardony is a professor of music at Berklee College of Music and teaches at Harvard University's Jazz Combo Initiative. Free admission and open to the public. For more information, email swc1918@verizon.net.

An Evening with Edgar Allan Poe
Friday, October 10, 6:30 PM-7:30 PM and 8:30 PM-9:30 PM
Washington Irving Memorial Chapel, 540 N. Broadway, Sleepy Hollow

Edgar Allan Poe, who lived his last few years in a cottage 20 miles from Sleepy Hollow Cemetery, rises from the dead for an evening of mystery and macabre. Poe, portrayed by local storyteller David Neilsen, will read favorites from his own stories and poems. For tickets, go to <https://www.showclix.com/event/an-evening-with-edgar-allan-poe-2025>

Fall Fete
Wednesday, October 22, 5 PM to 8:30 PM
Sam's of Gedney Way, 50 Gedney Way, White Plains
Dine out in support of Hospice of Westchester (HOW) at the organization's Fall Fete. The restaurant will donate 10 percent of all revenue generated that evening to HOW, a local non-profit that provides end-of-life home care to patients diagnosed with a serious illness and support to their families and loved ones. Call (914) 949-0978 to make a dinner reservation and mention “Hospice.”

How to Navigate the College Application Process with Purpose
Tuesday, October 28, 8:30 AM to 10:30 AM
HAYVN Greenwich, 1700 E Putnam Avenue, Suite 208, Old Greenwich, CT
Join Lindsay Tanne Howe, founder and CEO of LogicPrep (and mom of five), for a practical, strategic conversation on how to navigate the college admissions journey with clarity and confidence. Designed

for parents of high schoolers who are just beginning or already navigating the college process, this talk will offer practical guidance on how to help your teen build a compelling narrative, create a thoughtful and balanced college list, make strategic academic and extracurricular choices, and ultimately land at a school they love—all while parenting through this season with clarity, intention, and grace. Light breakfast provided. Free admission. To register, go to www.logicprep.com/events.

Breakfast for Change
Wednesday, October 29, 9 AM
Brae Burn Country Club, 39 Brae Burn Drive, Purchase
The fundraiser benefits My Sisters' Place, a non-profit that combats domestic violence. This year's program focuses on the organization's Anti-Trafficking Program and features a panel discussion, silent auction, and catered breakfast. For more information, go to <https://mspnny.org/breakfast-for-change>.

Holiday Fair
Saturday, November 15, 10 AM to 7 PM
Sunday, November 16, 9 AM to 3 PM
Church of Saint Pius X, 91 Secor Road, Scarsdale
Bring warmth and joy to your home this holiday season with unique art, festive crafts and delicious treats. Free admission. Parking available. For more information, email mammad-oc@gmail.com.

Upcoming Events at the Scarsdale Public Library

Bingo - Saturday, October 4, 3 PM
Get ready to shout “Bingo!” at this fun-filled event. A Bingo caller will guide you through multiple rounds of the classic game, with many chances to win prizes! This event was designed with senior citizens in mind, but participants as young as 10 years of age are welcome to play. Register in advance to save your spot! Register Here: bit.ly/47AzzKJ

Networking - An Adventure in Broadcast Media - Monday, October 6, 2 PM
Join broadcast journalist, historian and author Alan Walden for a look back at the past half-century of history from someone who was there while it happened. He'll share stories from his memoir Networking: A Lifelong Adventure in which he recounts meetings with popes, presidents, and princes as well as observing many key moments of triumph and tragedy from the 20th century. Register Here: bit.ly/47BzN4i

Hybrid: A Magnificent Menagerie - Animals in Art - Tuesday, October 7, 4:30 PM
Join local artist and art historian Beverly Shipko for a delightful tour through the myriad ways animals have appeared in art for centuries - in paintings, sculpture, architecture, and beyond. Animals have served as royal emblems, beloved childhood picture book companions, centerpieces of advertisements, and so much more. Register Here: bit.ly/3V56IXB

Thursdays Together - Accessible Games and Activities - Thursdays, October 9 & 23, 10:30 AM
Come to the library for some welcoming, focused time meant to give adult day habilitation groups, people living in congregate housing, and all people 18+ who might receive special care at home an opportunity for social interaction and fun games and activities. This will be a relaxed space set aside for people to visit the library and enjoy themselves. Register Here: bit.ly/3V4B7Fv

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