

Scarsdale Sentinel



march 2025 - vol. 21 - issue 3 scarsdalesentinel.com



IN THIS ISSUE

Latest News from Scarsdale Public Schools

Non-Sibi at SMS

Cooper House students made sandwiches for those in need served by Dorothy Day Hospitality House in Danbury.



Helping Rescued Animals

The SHS HELP Animals Club held bake sales to raise \$550 to help cover the medical costs for a pig named Virginia who resides at Safe Haven Farm Sanctuary.



Fox Meadow's Cereal Box Domino Challenge

Fox Meadow recently participated in the Cereal Box challenge where they collected 2100 boxes of cereal that were donated to Feeding Westchester. They invited SHS students (as part of their Non-Sibi day) to work with the elementary students to organize and set up the Domino challenge which ran through three floors of the school.

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The Junior League of Central Westchester Holds Gala Event on Apr 4, 2025. Join us to “Roll the Dice to Make a Difference”!

The Junior League of Central Westchester (JLCW) will be hosting their highly anticipated annual fundraising gala, Big Night Out, on April 4, 2025 at Mansion on Broadway, located in White Plains. Every year the JLCW looks to create an unforgettable evening, and this year is no different with a Casino Royale inspired event. The night will be filled with high stakes glamour and fun - featuring top casino games, dining and drinks, and a silent auction. All proceeds from the event go towards the JLCW’s mission of helping to make a meaningful impact in our community.

Headquartered at historic Wayside Cottage in Scarsdale, the Junior League of Central Westchester has served the communities of Westchester for over 75 years. The JLCW’s approximately 250 active and sustaining members reflect a wide range of backgrounds, interests, and professional pursuits. They are accomplished collaborators who identify community needs and develop effective and responsive programs to serve those needs. Their purpose is exclusively educational and charitable. For more



information on the JLCW, visit <https://centralwestchester.jl.org/>

Each year, members contribute an average of 8,000 hours of service to the communities of Central and Northern Westchester. By working collaboratively with our community partners, the JLCW finds long-term, sustainable solutions to improve the lives of neighbors in need.

Key projects include helping to support:

- The Westchester County Diaper

Bank, the first of its kind in the area, JLCW began this outreach in the Fall of 2014 in conjunction with the Westchester County government. The Diaper Bank collects and distributes wipes and disposable diapers of all sizes, types and brands to families unable to afford them.

• Best Start - This signature project continues on a monthly basis with visits to children enrolled in Head Start locations in select White Plains elementary schools. JLCW members read to young students and distribute books and activities for the children to take home.

• The JLCW sponsors children from Abbott House as part of a holiday gift drive every year. Abbott House is dedicated to supporting nearly 2,500 children in foster care and unaccompanied

nied immigrant children in the New York Metropolitan and Hudson Valley areas.

• JLCW, in partnership with Hope’s Door, is dedicated to combating domestic violence, fostering empowerment among survivors and educating all.

• JLCW participates in The New York State Public Affairs Committee (NYSPAC), the advocacy wing of the Junior Leagues in New York State

• JLCW partners with Family Services of Westchester Sharing Shelf to provide a shopping event for girls ages 13-19, from families in financial need

The JLCW is a registered 501(c)3 non profit organization and relies on the funds raised at Big Night Out Casino Royale to continue supporting our community partners. Join us to support the JLCW and “Roll the Dice to Make a Difference” visit <https://givebutter.com/c/BNO2025> for more details and to purchase tickets.

Join the Celebration! Invitations Now Available for the 2025 Scarsdale Bowl Dinner Honoring Andrew Sereysky and Scarsdale Adult School

The annual Scarsdale Bowl Dinner is a celebration of the spirit of volunteerism that makes our community so special. Each year the Scarsdale Foundation honors those who have gone above and beyond in service to Scarsdale. This year, we are proud to recognize Andrew Sereysky with the prestigious Bowl Award for 30 years of dedicated volunteerism. We will also honor Scarsdale Adult School with the Spotlight Award, celebrating its remarkable contributions to lifelong education in Scarsdale since 1938.



Join us on April 24, 2025, at the Mamaroneck Beach & Yacht Club for an evening of community, celebration, and inspiration. This fun and uplifting event is open to everyone in Scarsdale! Whether you’re a longtime resident or a first-time attendee, come connect with neighbors, enjoy heartfelt tributes, and be part of this uniquely Scarsdale gathering.

“Scarsdale thrives because of the people who give their time, energy, and passion to making our town such a special place to live,” says Marc Samwick, this year’s co-chair.

“We are honored to celebrate Andrew and Scarsdale Adult School, whose dedication and leadership exemplify the very best of Scarsdale,” adds Cynthia Samwick, his co-chair. “We look forward to an evening of gratitude and inspiration as we recognize their outstanding contributions.”

Don’t miss this opportunity to celebrate the spirit of volunteerism that defines Scarsdale!

For more information about the Scarsdale Bowl Dinner or the honorees, visit www.scarsdalefoundation.org. To RSVP, go to bit.ly/smbowl25.



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Third Pass Preliminary Budget Discussed at Scarsdale Board Meeting

BY STEPHEN E. LIPKEN

Village of Scarsdale Mayor Justin K. Arest convened the Tuesday, February 25th Board meeting, saying, “As February comes to a close, we recognize the conclusion of Black History Month, an opportunity to honor the contributions, achievements and resilience of Black Americans throughout history and in our own community. While the month may be ending, our commitment to learning, celebrating and fostering inclusivity must continue year round.

“Looking ahead, this weekend marks the beginning of Ramadan, a sacred month of fasting and reflection in the community for our Muslim neighbors. To all who observe, I wish you a peaceful and meaningful Ramadan.”

Discussion then turned to the Third Pass of the Budget. “We are looking at a 3.95% increase on the Tax Levy,” Arest stated. “What that means, for the average assessed home of \$1.597 million, an increase of 2.39% on Village taxes, equating to \$203.25.”

Arest then entertained a motion to add a Resolution regarding restructuring and tabling a Resolution regarding Community

Development Block Grant improvements (CDBG).

Trustee Sameer Ahuja introduced a Public Hearing relating to a Proposed Local Law authorizing a Real Property Tax Levy in excess to the NYS Tax Cap. This was passed by Roll Call Vote.

Next, Trustee Jeremy A. Gans mentioned a Public Hearing considering a Proposed Local Law amending Chapter 158 of the Village Code concerning tennis court fence heights. “There was a policy allowing 10-foot fence heights but was not in the Village Code,” Gans averred.

Gans thanked Zoning Board Chair Joe Watiker “for closing the loophole.”

Mayor Arest then empathized with frustration of people with fixed incomes concerning rising utility costs. “I will be sending a letter to the Public Service Commission and putting it on our website,” Arest noted.

Finally, Deputy Mayor Dara B. Gruenberg presented restructuring “to increase efficiency and economy,” abolishing several service positions, including Administrative Aide 9200 and another Administrative Aide position, passed by Roll Call Vote.

Health Leader to Chair 2025 Westchester/Fairfield Go Red for Women Campaign



Dr. Kim Henderson

The American Heart Association, a relentless force for longer, healthier lives, is bringing back the Westchester/Fairfield Go Red for Women Celebration, and Dr. Kim Henderson, managing director and head of Wealth Management Health & Wellness Education at Morgan Stanley, has stepped up to lead the campaign as this year’s chairperson. The 2025 Go Red for Women Celebration will take place on March 20, 5 p.m., at Whitby Castle in Rye.

Cardiovascular disease is the No. 1 killer of women, yet women remain underdiagnosed and undertreated. From receiving bystander CPR to facing inequities in care, women deserve better. Go Red for Women is committed to closing gaps in access to care and championing community and support.

“I am honored to serve as the chairperson of this year’s Go Red for Women Campaign,” Dr. Henderson said. “Heart disease and stroke affect so many women, and

by coming together, we can raise awareness and drive change to improve women’s health outcomes.”

Kristen Alouisa, executive director of the American Heart Association — Westchester and Fairfield Counties, said, “We are thrilled to have Dr. Henderson lead this year’s campaign. Her unwavering commitment to health and wellness education is truly inspiring, and together, we can empower women to take charge of their heart health.”

The Westchester/Fairfield Go Red for Women Celebration is made possible by the support of our national sponsor, CVS Health, along with dedicated local sponsors, volunteers and attendees who share the vision of a world free of heart disease and stroke. Guests will have the opportunity to learn about heart health, connect with community leaders and celebrate the resilience of survivors.

Connect with us on heart.org, Facebook, X or by calling 1-800-AHA-USA1. For more information, visit GoRedforWomen.org or call 1-800-AHA-USA1 (242-8721).



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Board Honors 2025 Regeneron Science Talent Search Scholars



Last month, the Westchester County Board of Legislators celebrated 17 Westchester County high school students selected as 2025 Regeneron Science Talent Search (STS) Scholars from a pool of 2,500 applicants nationwide. The local students were part of a select group of 300 semi-finalists and finalists in one of the nation’s most esteemed science and math competitions. STS alumni include Nobel Prize winners and National Medal of Science recipients.

Regeneron hosted the annual STS Scholars ceremony at its Tarrytown headquarters, recognizing the exceptional academic achievements of students from 12 Westchester high schools. Joining Richard Wishnie, Deputy County Executive, legislators presented Scholars from their districts with Certificates of Merit, commending their innovative projects and dedication to scientific research. The breadth and quality of the students’ work are inspiring and reflect the academic talent thriving in Westchester County.

“Every year, we are deeply impressed by the caliber of work showcased by our students,” said Chairman Vedat Gashi. “Their achievements are a testament to the hard work of the students as well the support of their families and educators.”

Learn more by visiting www.westchesterlegislators.com

Houlihan Lawrence Announces Winners of Annual Emerald Awards

Houlihan Lawrence, the leading real estate firm serving New York’s northern suburbs, announced this year’s recipients of the annual Emerald Awards, a prestigious honor awarded to the top 1.5% of more than 1,450 Houlihan Lawrence sales associates, by gross commission income or units sold. Individuals were recognized from across the firm’s offices in Westchester, Connecticut and the Hudson Valley.

“Congratulations to our top-performing agents who continue to set the standard for excellence at the number one brokerage North of New York City,” said Liz Nunan, President & CEO of Houlihan Lawrence. “We take great pride in our agents’ dedication—both to their clients and the communities they serve. We look forward to another year of remarkable achievements with our exceptional team.”

The 2024 Emerald Award recipients by local brokerage are as follows:

Eastchester: Stephen Mele; Greenwich: Ellen Mosher, Julie Church, Joy Met-alios, Amanda Miller, Maria Crowley, BK Bates, Debbie Needle, Joanne Mancuso, Spencer Sodokoff, Linda Blackwell; Larchmont: Pollena Forsman, Cathy DeVore; New Rochelle: Jocelyn Burton; Rye: Chrissy Hazelton, Joan O’Meara, Lisa Murphy; Scarsdale: Laura Miller, Cindy Schwall and White Plains: Gino Bello, Tony Murphy.

For more information visit: <http://www.houlihanlawrence.com/> | TWITTER: @HoulihanRE | INSTAGRAM: @houlihanlawrence

Annual Village Election Scheduled for March 18

The annual local Village of Scarsdale Election for Mayor and three members of the Board of Trustees, each to a two-year term, will be held Tuesday, March 18, from 6 a.m. to 9 p.m. at the Scott Room of the Scarsdale Public Library. Friday, March 7 is the last day to register to vote with the Westchester County Board of Elections. All information and links can be found on the Village’s Local Election page at <https://www.scarsdale.gov/523/Local-Election-Information>, including absentee and early mail ballots. Contact the Village Clerk’s office at (914) 722-1175 or clerk@scarsdale.gov with questions.

Scarsdale Little League Spring In-House Baseball Registration Now Open

Registration is now open for the Scarsdale Little League Spring In-House Baseball Season, running from April 5 to June 15. The program is open to children in Pre-K through 6th grade. Registration will be open until March 4. Early registration is encouraged, as late registrations will not be guaranteed friend requests or coach placements. Visit the Little League website at <https://www.scarsdalittleleague.com/Default.aspx?tabid=1464375> for more information and to sign up.

Scarsdale School Kindergarten Registration Now Open

Kindergarten registration for the 2025-2026 school year is now open. Children whose fifth birthday falls on or before December 31, 2025, may be registered for the 2025-26 school year. To register, visit the Scarsdale Public Schools Online Registration page at <https://www.scarsdaleschools.k12.ny.us/Page/24160>. If you do not know which elementary school serves your neighborhood, contact the District Registrar at (914) 721-2444 or email registrar@scarsdaleschools.org.

Early Bird Registration Open for 55th Annual 15k & 4M Races

The 55th Annual Scarsdale 15K & 4-Mile Races, organized by the Scarsdale Recreation Department, will take place on Sunday, April 6, 2025. Participants can register for the 4-Mile Race, starting at 9:15 a.m., or the 15K (9.3-Mile) Race, starting at 9:30 a.m. Runners and walkers of all ages and abilities are encouraged to join. For those who cannot attend in person, virtual 15K and 4-Mile races are also available. Learn more and register at <https://runsignup.com/Race/NY/Scarsdale/Scarsdale15Kand4MRuns>

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Power of Prayer & Positive Action at Forefront of World's Largest Jewish Women's Leadership Summit



Some 4,000 Chabad-Lubavitch women emissaries and lay leaders from around the globe gathered last month in New York for the 35th annual International Conference of Chabad Women Emissaries, the largest Jewish women's leadership gathering in the world.

While the yearly conference has a celebratory atmosphere, uniting women leaders from Alaska to Zambia, this year's gathering came during a particularly challenging time for Jewish communities worldwide. From devastating wildfires in California to ongoing war in Israel, and rising antisemitism on college campuses, the women on the frontlines of Jewish communal service are confronting urgent realities.

Chabad-Lubavitch women emissaries, known as shluchos, are dedicated leaders who manage and grow Jewish communities worldwide, often in remote locations with minimal Jewish infrastructure. They serve both affiliated and unaffiliated Jews, welcoming all regardless of background or observance level. From bustling urban centers to quiet towns, Chabad women create not just spiritual homes but vibrant focal points of Jewish life.

The conference, known as Kinus Hashluchos, ran from Feb. 19 to Feb. 23, uniting women leaders from all 50 U.S. states and more than 100 countries for five days of workshops, networking, and spiritual renewal. The conference is annually timed to coincide with the anniversary of the passing of Rebbetzin Chaya Mushka Schneerson, of righteous memory, the wife of the Rebbe, Rabbi Menachem M. Schneerson, of righteous memory.

There was a visit from the emissaries

at the Ohel in Queens, the resting place of the Rebbe, as well as the nearby grave of Rebbetzin Chaya Mushka. The women came to pray for their families, communities, and humanity at large, carrying countless prayer requests from people around the world.

The next day, featured the iconic "class picture" with thousands of women gathered in front of 770 Eastern Parkway, the headquarters of the Chabad-Lubavitch movement in Brooklyn. Despite cold weather, the women—representing Jewish communities from 111 countries worldwide—stood proudly together, a powerful portrait of Jewish women's leadership and unity.

The capstone of the conference was the gala banquet, held at the New Jersey Convention and Expo Center in Edison, N.J. This year's theme, "connection," highlighted the bonds that unite Jewish people worldwide with each other and with their Creator.

As is tradition, the evening began with prayer. Chapters of Psalms were recited by Feigy Rapoport of Chabad of Mequon, Wisconsin; Lea Duchman of Chabad of the United Arab Emirates; and Michal Wexilshtein of Chabad of Hadera, Israel. Rapoport spoke of the power of women's prayer, while Duchman represented the Jewish community of the UAE, where Chabad Rabbi Zvi Kogan was murdered late last year. Wexilshtein noted the presence of mothers of Jewish hostages being held captive by Hamas in Gaza, and requested all in attendance to pray for the safe return of every kidnapped Jew.

A video tribute honored Rabbi Moshe Kotlarsky, the late vice chairman of Merkos who for years was the dynamic

force behind both the men's and women's Kinus. Following the presentation, his son, Rabbi Mendy Kotlarsky, director of Merkos Suite 302, announced a slew of new initiatives, including funding for 15 new CKids after-school programs to serve more than 800 children.

Rivka Kotlarsky, wife of the late Rabbi Moshe Kotlarsky, shared moving memories of her husband's dedication, including his last visit to the Rebbe's Ohel, just days before his passing. "He came to thank the Rebbe for the privilege of being his shliach," Kotlarsky explained to the thousands in attendance. "... To the shluchim and shluchos my husband's message was always clear: 'Always be grateful for the privilege of carrying out the Rebbe's mission.'"

Faces of the Frontlines

In a series of live interviews conducted by Chabad.org's Chana Weisberg, host of the Ordinary People, Extraordinary Stories podcast, and Sarah Alevsky, Chabad emissary in Cleveland, Ohio, the audience heard powerful firsthand accounts from women serving on the frontlines of Jewish life worldwide.

Zisi Cunin shared how after her Pacific Palisades community was devastated by January's wildfires, she knew they needed to reopen their Chabad preschool as quickly as possible. "Where are these children going to be? By Divine Providence my husband mentioned to someone we're looking for a school, and they knew of a vacant school building ... it was unbelievable," she shared. "We got in full gear with our full maintenance staff, cleaned it up, painted it, got new furniture, and we opened up in five days."

Chava Backman, co-director of

Chabad at the University of South Florida for 15 years, described their response to post-October 7th anti-Jewish protests on campus. "A typical day we're on campus meeting Jewish students at our Chabad table, doing events, classes, and then at night we have social events ... every day of the week we have something else going on at Chabad," she explained. Despite needing to hire security for their Chabad Center and home, they remained focused on "creating a safe space for Jewish students on campus."

Sheina Amram of Chabad of Nahariya, Israel, who serves the French-speaking community in Israel's far north, shared how during times of war and missile attacks from nearby Lebanon, they conduct programs in bomb shelters, maintaining Jewish life even under threat.

From China to Milan: A Journey of Faith

The keynote address was delivered by Elisheva Martinetti, whose remarkable Jewish journey began in Jixi, northeast China. When she was 11, her mother discovered a book about Judaism and began exploring the faith. At 15, Elisheva was sent to Singapore to learn more, beginning a journey that would take her to Sydney, Melbourne, Safed, and London.

"It feels like a dream to be standing here," she said through tears, as the audience rose to their feet in a moment of heartfelt emotion. Today, she and her husband, Rabbi Dovid Martinetti, serve as Chabad emissaries in Milan, Italy.

"Thank you, shluchos, for sharing the authenticity of G-d's Torah, and introducing me to Judaism as a young girl.

continued on page 11

Mexican National Extradited to NY and Arraigned on 2008 Indictment Charging Rape and Sexual Assault

Westchester County District Attorney Susan Cacace announced that a Mexican national, who has been a fugitive from justice since his 2008 indictment on rape and sexual assault charges, was apprehended by the Mexican authorities, extradited to Westchester County and arraigned in County Court.

Galo Herrera, 52, was arraigned before County Court Judge Sheralyn Pulver and remanded to the custody of the Westchester County Department of Correction pending further proceedings. He pleaded not guilty to all of the charges.

DA Cacace said: “Justice has no expiration date. The defendant’s horrendous conduct, as alleged in the indictment, is no less shocking nearly two decades later. I am grateful to our law enforcement partners in Mexico and the U.S. who brought Mr. Herrera to answer for these charges. This multi-jurisdictional effort exemplifies my commitment to working with any and all agency partners in furtherance of community safety.”

In 2008, Herrera was indicted on one count of Predatory Sexual Assault Against a Child, a class A-II felony, two counts of Rape in the First Degree, a class B felony, and three counts of Endangering the Welfare of a Child, a class A misdemeanor.

Between December 2006 and January 2007, the defendant is alleged to have forcibly raped a young girl who was under the age of 13 years old. Herrera fled the jurisdiction before he could be apprehended on these charges.

The case is being investigated by the Mount Vernon Police Department, the Westchester DA’s Office and the Federal Bureau of Investigation. The Westchester County Department of Labs and Research and the New York State Police Crime Lab were utilized in the course of the investigation.

The case is being prosecuted by Senior Assistant District Attorney Charlotte Gudi and Christine Hatfield, Chief of the Child and Elder Abuse Bureau.

The charges against the defendant are merely accusations, and the defendant is presumed innocent unless and until proven guilty.

Registration is Open for Westchester County Parks’ Summer Nature Camps

If this winter’s bitter temperatures are giving your children cabin fever, soothe their restlessness by signing them up for Westchester County Parks’ Nature Camps. The camps are the perfect choices for youngsters entering grades one through nine!

One and two-week sessions are offered beginning Monday, July 7, through Friday, Aug. 15, from 9 a.m. to 3 p.m. Online registration is open. Fees are \$175 to \$350 per camper per week. Locations:

- Cranberry Lake Preserve, North White Plains
- Edith G. Read Wildlife Sanctuary, Rye
- Lenoir Nature Preserve, Yonkers
- Marshlands Conservancy, Rye
- Trailside Nature Museum at Ward Pound Ridge Reservation, Cross River

Westchester County Executive Ken Jenkins said: “Our nature and environmental camps give children valuable experiences while encouraging independence, teamwork and problem-solving skills. They promote physical activity and creativity. The counselors at each camp love working with kids and helping them develop resilience, social skills and confidence.”

Commissioner of the Westchester County Department of Parks, Recreation and Conservation, Kathy O’Connor said: “The camps are in stunning surroundings that enhance each child’s mental well-being, curiosity and lifelong appreciation for our environment. The kids have a blast and make new friends who they would otherwise not get to know.”

Campers can immerse themselves in the natural beauty of Westchester County through exciting, hands-on experiences at our nature centers. Each camp highlights various aspects of the outside world, introducing young explorers to animals, insects,

Westchester County Department of Community Mental Health Recognized in NYS Bar Association Report

Westchester County’s Department of Community Mental Health innovative efforts to address homelessness and mental health have been spotlighted in a newly released report by the New York State Bar Association (NYSBA) Task Force on Homelessness and the Law. The report, approved at the NYSBA’s annual meeting in New York City, brings together insights from across the state to tackle legal barriers contributing to homelessness.

County Executive Ken Jenkins said: “Westchester County is proud to see the Department of Community Mental Health recognized for their groundbreaking work in addressing the intersection of homelessness and mental health. Their dedication and innovative strategies are making a real difference in the lives of our residents, and this acknowledgment by the New York State Bar Association underscores the impact of their efforts.”

The comprehensive report identifies key issues statewide, from homelessness among veterans and children to unmet mental health needs and the intersection of homelessness with the criminal justice system. While outlining critical policy recommendations, the Task Force commended Westchester County for its leadership in three pivotal areas:

- Sequential Intercept Model Implementation: Westchester County’s adoption of this model helps divert individuals from the criminal justice system into behavioral health treatment. By providing alternatives to incarceration at every stage of the justice process, from pre-arrest to community reentry, the County is reducing barriers to stable housing for those with mental health needs.
- Compassionate Encampment Relocation in Port Chester: In collaboration with the NYS Thruway Authority and local community partners, Westchester County safely and humanely relocated a homeless encampment under a major highway bridge slated for maintenance. Launched in Spring 2024, this initiative prioritized connection and supportive relocation, setting a potential model for future efforts statewide.
- Project Alliance Mobile Crisis Response Teams: These specialized teams provide on-the-ground support during behavioral health crises, helping individuals remain safely in their homes and reducing unnecessary emergency room visits or encounters with law enforcement.

New York State Bar Association President Domenick Napolitano said: “Aiding the homeless means making sure that the most vulnerable people in our society can get the health care and mental health services they need. Our Task Force on Homelessness and the Law rigorously investigated the many actions that society – including government and the legal profession – can take to be sure that everyone has a safe place to live. I am happy that we are partnering with Westchester County to see that all our fine work is recognized.”

Department of Community Mental Health Deputy Commissioner Joseph A. Glazer, Esq. served on this Bar Association Task Force, and previously Co-chaired the Task Force on Mental Health and Trauma-Informed Representation for the Bar in 2022-23.

Glazer said: “I applaud the New York State Bar Association for continuing to highlight the issues, needs and laws connected to meeting the needs of some of New York’s most vulnerable people. It is important that such a distinguished and influential organization seeks to drive these discussions.”

plants and more. Every week offers a unique theme.

Additional Summer Nature Camps will be held at Hilltop Hanover Farm and Environmental Center in Yorktown Heights, and Lasdon Park, Arboretum and Veterans Memorial in Katonah. Registration will open Tuesday, March 4 at noon.

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ArtsWestchester Offers Affordable Rehearsal Space for Local Artists

ArtsWestchester has an affordable rehearsal space for local artists thanks to a new state grant.

For 2025, ArtsWestchester will offer its rehearsal room on the 9th floor of its historic building in downtown White Plains to qualified artists and groups at the subsidized rate of \$10 an hour for up to 100 hours in 2025. All performers are welcome to apply, and rentals will be on a first-come, first-served basis. Space must be rented for creative rehearsal time only. Performances, workshops, or classes are excluded.

ArtsWestchester’s subsidized rehearsal space program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature. This grant supports and funds local creative rehearsal time.

Interested artists should contact Logan Hanley, Facilities Manager, lhhanley@artswestchester.org. All email inquiries should have Rehearsal Space Inquiry in the subject line of the email.



Photo credit: Mary Alice Franklin.

Scarsdale Chinese Association Hosts Annual Lunar New Year Celebration



On Saturday, February 1, 2025, the Scarsdale Chinese Association held its annual Lunar New Year celebration at the Scarsdale Congregational Church. The event featured festive red lanterns and traditional decorations, along with performances including a dragon dance, music, and both traditional and modern dances. To accommodate attendees, the event was held in two sessions, welcoming approximately 400 guests in total. The celebration was supported by local businesses and the community’s Chinese school, with volunteers playing a key role in organizing the event. Families and neighbors gathered to enjoy food, games, and a holiday boutique, while Deputy Mayor Gruenberg attended to extend New Year wishes for joy, renewal, and prosperity to all who celebrate.

Civic Engagement with Scarsdale Students



Assemblymember Amy Paulin recently joined Scarsdale students, elected officials, and educators for the annual legislative advocacy breakfast hosted by the Scarsdale PT Council.

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What's Happening at the Scarsdale Public Library

Optimize Your 2025 Tax Season
Friday, March 7, 4:00 PM
Join certified public accountant Katrina Luca in the Scott Room to learn what's new in 2025 and how best to navigate the process and ensure that your taxes are filed as effectively, easily, and accurately as possible.
<https://bit.ly/3CCuoNs>

Scarsdale Public Library Teen Advisory Board (TAB) Meeting
Tuesday, Mar. 11, 7:00 PM.
Come join this welcoming group of creative and innovative young adults in grades 6-12. Join us for a scavenger hunt at the library! A mix of fun book clues and a way to learn about the library's cataloging system, with prizes for the winner! Participation in TAB meetings and events enables you to earn community service hours. Register here: bit.ly/4jSStA6

VIRTUAL: Successfully Navigating College Admissions in 2025
Tuesday, March 11, 7:00 PM
This program is recommended for parents and their high school teens and is a detailed and strategic overview of what students should focus on for a successful college admissions process. <https://bit.ly/3EvdosO>

Fun Film Shorts
Thursday, March 13, 10:30 AM
Visit the library for short movie screenings! We'll watch the animated versions of some of our favorite picture books!
<https://bit.ly/4gERsZL>

The Magical Gardens of Bunny Mellon with Jennifer Yates
Friday, March 14, 2:00 PM
This talk will highlight key moments in Bunny Mellon's life and career ranging from the redesign of the White House Rose Garden to her establishment of the Oak Spring Foundation along with her enduring legacy, which focused on the importance of ecology and design.
<https://bit.ly/4hAer4S>

Celebrating Irish Harp Music



Friday, March 14, 4:30 PM
Join us in the Scott Room for a concert of Irish harp music, interspersed with a discussion of the history and the mythology of the harp in Ireland. <https://bit.ly/4hNGvpy>

New York Opera Forum - Verdi's Un Ballo

in Maschera
Saturday, March 15, 1:30 PM
Join us in the Scott Room for an afternoon of one of the great staples of classic opera! The New York Opera Forum will be presenting a concert version of Giuseppe Verdi's opera Un Ballo in Maschera ("A Masked Ball"). <https://bit.ly/41978ju>

VIRTUAL: Panel Discussion: Support Services for College Students with Anxiety and/or Learning Differences
Sunday, March 16, 3:00 PM
Join our Zoom discussion of college support services for students with anxiety and/or learning differences to pose your questions to a panel of representatives from universities and colleges. <https://bit.ly/3EAjQPt>

Movie Screening & Discussion - The Revolt of Mamie Stover
Friday, March 21, 2:00 PM
The film was initially criticized, especially in comparison to the novel, for its sanitization of the more sordid details of 1940s Hollywood and prostitution and its careful framing to appease censors. Later appraisals lauded Russell's acting and the vigor of Walsh's direction. A clever and unconventional film, mixing genres like romance, drama, and war to offer a fascinating and empowered lead. <https://bit.ly/4hQs83Y>

VIRTUAL: Panel Discussion: Support Services for College Students with Autism
Sunday, March 23, 3:00 PM
Join our Zoom discussion of college support services for students with autism to pose your questions to a panel of representatives from universities. <https://bit.ly/419xbqx>

continued on page 11

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Business Council of Westchester Launches the Clean Energy Action Coalition

The Business Council of Westchester (BCW) will begin the inaugural year of the Clean Energy Action Coalition (CEAC) with a transformative initiative designed to accelerate the adoption of clean energy technologies across Westchester County.

CEAC’s mission is to reduce carbon emissions, enhance energy affordability and reliability, and drive the transition to clean energy solutions in three critical segments: electricity, thermal energy, and transportation.

“CEAC represents a bold step forward in moving all of Westchester County’s communities down the road to greener and cleaner energy technologies,” said John Ravitz, the BCW’s executive vice president and COO. “By fostering collaboration among stakeholders and advocating for climate-positive legislation, we’re ensuring that Westchester remains a leader in sustainability and innovation.”

The BCW announced the formation of CEAC at its Annual Dinner in November. Since then, the group has compiled an ambitious agenda, with 9 workgroups providing the framework for legislation that facilitates the deployment of clean energy infrastructure by county and municipal leaders.

CEAC includes over 85 Westchester leaders representing solar and battery energy storage, geothermal, heat pumps, renewable fuels, electric vehicles, demand response, transmission, energy efficiency, and workforce development, as well as real estate developers, local government, profession-



CEAC director Ron Kamen, left, with John Ravitz, the BCW's executive vice president and COO. Photo courtesy of the BCW.

al planners, engineers, landscape architects, land use attorneys, environmental risk managers, nonprofits, construction professionals, contractors, and other businesses.

2025 Goals and Outreach Initiatives: CEAC has outlined ambitious goals for 2025, focusing on coordinated outreach, education, and advocacy to support:

- Solar and Battery Storage: Promoting incentives and streamlining approvals for renewable energy adoption.
- Biofuels: Encouraging the use of low-emission alternative fuels.
- Construction: Advocating for cost-effective green practices in new, renovated, and existing buildings.
- Transmission: Supporting the efficient movement of solar, wind, and hydropower from upstate New York to local communities.
- Leadership and Expertise: As part of this initiative, the BCW has named Ron Kamen, founder of EarthKind Energy, as CEAC’s director. With decades of expertise in catalyzing sustainable energy adoption, Kamen brings a proven track record of creating successful public-private partnerships in clean energy and sustainability.

“I’m thrilled to join the Business Council of Westchester in this pivotal role,” said Kamen. “Westchester County and New York are at the forefront of climate leadership, and the private sector has a critical role to play in achieving these goals. Together, we’ll make clean energy adoption more accessible and impactful than ever.”



ROLL THE DICE TO MAKE A DIFFERENCE

JLCW CORDIALLY INVITES YOU TO OUR ANNUAL FUNDRAISING GALA - BIG NIGHT OUT 2025



JUNIOR LEAGUE OF CENTRAL WESTCHESTER

The Junior League of Central Westchester (JLCW) is an organization of women whose mission is to advance women’s leadership for meaningful community impact through volunteer action, collaboration and training.

CASINO ROYALE

APRIL 4 | 6:30 - 10 PM
MANSION ON BROADWAY
139 N BROADWAY, WHITE PLAINS, NY

An evening of James Bond high stakes fun, featuring casino games with chances to win raffle prizes and a silent auction. Food & Drinks included. Themed Dress encouraged.

The JLCW is a registered 501(c)3 non profit organization and relies on the funds raised at Big Night Out Casino Royale to continue supporting our community partners. To learn more visit:
<https://centralwestchester.jl.org/>





For Tickets Visit:
[Givebutter.com/BNO2025](https://givebutter.com/BNO2025)



WE HOPE TO SEE YOU THERE!



County Executive Ken Jenkins and Attorney General Letitia James Meet to Discuss Opioid Overdose Prevention in Westchester



As a result of a 2019 lawsuit brought by James against several drug distributors and manufacturers, a total of \$5.8 million dollars was awarded to the County through the New York State Office of Addiction Services and Supports (NYS OASAS) Regional Opioid Abatement Funding to address overdose deaths in Westchester. The meeting was an opportunity to hear from advocates and

providers who received grants from those funds to provide treatment, prevention, recover, harm reduction and training programs.

Jenkins said: “I want to thank Attorney General James for her leadership and for coming to Westchester County to learn more about the important work being done here. Westchester has made tremendous efforts to put this money to work in multiple ways to ensure that we are reaching the most people in need. It has been a great alliance between our County and local partners to collaborate to find solutions and maximize the impact that this funding allows.”

James said: “The opioid crisis has impacted communities, and families, throughout every corner of New York state. I am proud of the work my office has done to secure major settlements, and more than \$3 billion for New York, from opioid manufacturers and distributors. I applaud County Executive Jenkins for working diligently so that Westchester is a statewide leader in ensuring these settlement funds make it to innovative advocacy and support programs, and to people who rely on them to get their lives back on track. My office will continue to hold the perpetrators of the opioid epidemic accountable, and to ensure settlement funds are used to help New York overcome this crisis.”

Department of Community Mental Health Commissioner Michael Orth said: “Westchester has been at the forefront of finding ways to use these settlement funds to reach every community in our county. We are expanding Medication-Assisted Treatment at our County Correction Department and have created new programs to educate and train a new Peer workforce in our Lives Forward program. Money is used to reach all ages; from adolescents and young adults to adults and seniors. The Fentanyl and opioid epidemic reaches everyone in our society. Westchester is a leader in our approach to Co-Occurring Disorder and our programs are becoming models across the country. You cannot treat substance misuse without treating mental health. Our programs are working to meet that need.”

Funds were allocated for an 18-month period (7/23 to 12/24) and a second round to run for 2025 including:

- Treatment
- Lexington Center for Recovery, Inc. - \$395,237
- Family Services of Westchester - \$330,278
- Westchester Jewish Community Services - \$234,988
- John’s Riverside Hospital - \$380,000
- Medication-Assisted Treatment (MAT) County Corrections - \$1,268,280
- Prevention
- Partnership to End Addiction - \$600,000
- Recovery
- Family Services of Westchester - \$176,434
- Harm Reduction
- Urban League of Westchester County, Inc. - \$249,458
- Cornerstone Family Healthcare - \$173,416
- Training
- Lives Forward, Westchester County’s new initiative for Peer Certification Workforce Enhancement - \$115,000
- Safety/Equipment
- Narcotics Safety Equipment and Analyzers (Department of Corrections and Probation) - \$195,750

What’s Happening at the Scarsdale Public Library

continued from page 9

Hybrid - Creativity in Bloom: Flowers and Art
Tuesday, March 25, 4:30 PM
Beverly Shipko, a contemporary realist artist and avid art historian, will join us in the Scott Room to discuss the age-old tradition of incorporating flowers into art. From still life to unobtrusive background detail to the rich symbolism behind different blooms, Ms. Shipko will lecture on and explore the many guises of flowers and plants in art. <https://bit.ly/418Tv3L>

Resume Writing Workshop for Teens
Wednesday, March 26, 6:30 PM
In this workshop, we’ll review aspects of an effective student resume and consider the valuable skills that high school students have that employers want to see. Participants will walk away with an

understanding of how to improve their resumes and how to “target” a resume towards a field or a position. <https://bit.ly/4gC3KCd>

Kids Rock U: Music for Aardvarks - Saturday, March 29, 10:30 AM
Join Luke for an interactive musical experience. Sing, dance and jam on a million instruments! Register here: bit.ly/3Doh4lX

Chinese Movie Matinee - Namiya (2017) - Saturday, March 29, 2:00 PM
The film for March is the fantasy comedy Namiya, based on the Japanese novel Miracles of the Namiya General Store by Keigo Higashino. This monthly event is completely free, and refreshments will be provided! This event is cosponsored by the OCA-WHV. <https://bit.ly/3EIXlwi>

Power of Prayer & Positive Action at Forefront of World’s Largest Jewish Women’s Leadership Summit

continued from page 5

Thank you for your warmth and sense of family I experienced in your homes,” she said. “My story is personal, but its message is universal. No soul is ever too far. Every connection we make with someone connects them to their Source.”

Tzipi Hatoveley, Israel’s ambassador to the United Kingdom, followed, noting that while she had broken ground as the first woman in her position, “the Rebbe had sent female ambassadors decades earlier than anyone else.” She spoke of receiving coins for charity from the Rebbe as a 12-year-old girl, and proudly noted that her first speech as deputy foreign minister was based on Torah teachings often cited by the Rebbe regarding the Jewish people’s connection to the Land of Israel.

The Four Corners of the Earth

A special video presentation brought stories from women serving as Chabad emissaries at the literal ends of the earth. Fraidy Klein shared insights from life serving the Jews of Bariloche, Argentina, while Ida Kolpak spoke of Jewish life in Stalin’s “Jewish homeland” of Birobid-

zhan, Russia. Chani Wolf described the extreme conditions of dark winters and endless summers in Fairbanks, Alaska, and Odeya White explained how she never expected to devote her life to the Jews of Perth, Australia.

The evening concluded with the iconic Roll Call, representing generations of Chabad emissaries. Chana Wagner of southern Portugal represented those who’d departed for their localities since 2020, followed by representatives from each decade: Chaya Fuss (Fremont, California, 2010-2020); Mussy Litzman (Seoul, South Korea, 2000-2010); Chani Labkovsky (S. Paulo, Brazil, 1990s); Rivkah Yurkowicz (Melbourne, Australia, 1980s); Hinda Gerlitzky (Tel Aviv, 1970s); and Hindy Lew, who was dispatched to England by the Rebbe in 1965.

“Feel the power in this room,” Yurkowicz called out as the Roll Call concluded. “It radiates outward, far beyond these walls, the entire world is represented right here, right now. Let’s channel this energy into action and finish the mission of bringing Moshiach now!”

Email your upcoming events to
shorelineproduction@gmail.com

Leaving a Legacy: How to Incorporate Sustainable and Philanthropic Goals in Your Estate Plan



BY BERNARD A. KROOKS,
CERTIFIED ELDER LAW ATTORNEY
SPECIAL GUEST CONTRIBUTOR: AMY C. O'HARA,
CERTIFIED ELDER LAW ATTORNEY

When you think about estate planning, your first thought might be about ensuring your loved ones are taken care of after you're gone. But what if your estate plan could do more? What if it could support the causes you care about and help create a better world for future generations?

By incorporating sustainable and philanthropic goals into your estate plan, you can leave a lasting impact that reflects your values. Here's how you can do it.

1. Charitable Giving Through Your Will or Trust

One of the simplest ways to give back is by leaving a bequest in your will or trust. This can be a set dollar amount, a percentage of your estate, or even specific assets (like real estate or stocks) that go to a nonprofit organization of your choice.

If you're passionate about environmental conservation, you might leave a portion of your estate to organizations that plant trees, protect wildlife, or combat climate change. If education is important to you, you could support scholarships for underprivileged students.

2. Making Charitable Donations from Your IRA

If you have a traditional Individual Retirement Account (IRA), you can use it to make qualified charitable distributions (QCDs). This is a tax-efficient way to give to charity, especially if you're over age 70½.

Here's how it works:

Instead of taking the required minimum distributions (RMDs) that increase your taxable income, you can donate up to \$100,000 per year directly from your IRA to a qualified charity.

The donation does not count as taxable income, which can lower your overall tax burden.

This strategy is especially beneficial for those who don't itemize deductions, since it provides a tax advantage without requiring you to claim charitable contributions separately.

If you want to leave a legacy of giving, you can also name a charity as a beneficiary of your IRA. Since charities don't pay income tax, they receive the full value of the gift, whereas individual heirs would have to pay taxes on withdrawals from a traditional inherited IRA.

3. Donor-Advised Funds (DAFs)

A Donor-Advised Fund (DAF) allows you to set aside funds for charitable giving while still

having flexibility in choosing which nonprofits to support over time. It's like having a personal foundation without the administrative burden.

DAFs can also be a great way to engage your family in philanthropy—your children or heirs can help decide which charities receive funds, continuing your legacy of giving.

4. Charitable Remainder Trusts (CRTs) and Charitable Lead Trusts (CLTs)

Certain trusts allow you to combine philanthropy with financial benefits for you and your heirs.

A Charitable Remainder Trust (CRT) provides income to you (or another beneficiary) for a set period, after which the remaining assets go to charity.

A Charitable Lead Trust (CLT) does the reverse—it provides income to a charity first, then passes the remaining assets to your heirs, often with tax advantages.

Both options allow you to support charitable causes while maximizing tax benefits.

5. Sustainable Investing in Your Estate Plan

If you want your investments to align with your values, consider Socially Responsible Investing (SRI) or Environmental, Social, and Governance (ESG) investing. These strategies ensure that your money supports companies that prioritize sustainability, ethical labor practices, and social responsibility.

6. Endowing a Family Giving Tradition

You can also incorporate philanthropy in your estate plan by fostering a tradition of giving

within your family. You can:

Set up a family foundation to fund causes your family is passionate about.

Include charitable giving as part of your inheritance plan, encouraging beneficiaries to continue supporting meaningful causes.

Write an ethical will, a document sharing your values and philanthropic wishes, to inspire future generations.

7. Leaving a Green Legacy

If sustainability is a priority, there are ways to ensure your estate plan reflects your commitment to the environment including choosing a green burial or donating your body to science.

Start Planning Your Legacy Today

An estate plan isn't just about distributing assets, it's also about shaping the future. By integrating sustainable and philanthropic goals, you can make a meaningful impact long after you're gone.

Bernard A. Krooks, Esq., is a founding partner of Littman Krooks LLP. He was named 2021 "Lawyer of the Year" by Best Lawyers in America® for excellence in Elder Law and has been honored as one of the "Best Lawyers" in America since 2008. He was elected to the Estate Planning Hall of Fame by the National Association of Estate Planners & Councils (NAEPC). Krooks is past Chair of the Elder Law Committee of the American College of Trust and Estate Counsel (ACTEC). Mr. Krooks may be reached at (914-684-2100) or by visiting the firm's website at www.littmankrooks.com.

Table Hopping with Morris Gut: Where to Dine After the Spring Orchid Show at NYBG

A beautiful Technicolor harbinger of spring, the annual Orchid Show at the New York Botanical Garden in the Bronx runs through April 27TH. After taking in all that beauty, we do get hungry. Here are a few suggestions along the way...

DINING AT NYBG – There are themed Dining Pavilions throughout the park and near the Enid Haupt Pavilion: the casual Pine Tree Café and farm-to-table Hudson Garden Grill. Open daily. For info: 646-627-7711, or 718-817-8700. www.nybg.org/visit/dining/. This year visitors can also enjoy 'Orchid Evenings' filled with entertainment, dancing, cocktails and snacks. These special evening events will take place: March 8, 15, 22, 29; April 5, 12, 19, 25, 26. Must be over 21. Evening hours: 7-10 p.m. Reservations are suggested.

DINING WITH A VIEW AT THE SEA SHORE – Just a short drive from NYBG. Jeffrey Weiner and his veteran crew on City Island serve abundant platters of seafood at this sprawling 94-year-old institution: Oysters Rockefeller, daily Raw Bar, Lobsters galore, Surf & Turf, Italian specialties, too. Check out all the dining areas. Daily happy hours. Multiple seating areas. Sea Shore Restaurant, 591 City Island Ave., City Island, Bronx. 718-885-0300 www.seashoreresaurant.com

LIEBMAN'S TRADITIONAL DELICATESSEN – Liebman's original kosher Jewish delicatessen in Riverdale, the Bronx, has been serving their traditional larder since 1953. And now, for all you corned beef and pastrami mavens, owners Yuval Dekel and Craig Weitz have premiered a much anticipated new location at Addyman Square in Ardsley. Liebman's serves a wide selection of old-world favorites including matzo ball soup; frankfurters with mustard & sauerkraut; knishes; smoked fish and appetizing; overstuffed sandwiches; stuffed cabbage; Hungarian goulash; and chicken in the pot with all the fixings. Dine in. Take out. Delivery. Liebman's original deli is located at 552 W. 235 Street, Riverdale, Bronx. 718-548-4534 Liebman's Ardsley, 472 Ashford Ave. 914-231-6222 www.liebmandeli.com

BASILICO GLOBAL – This lovely dining room and bar opened 6 months ago by hospitality veterans Nick Demaliaj and Jetmir Arifaj. It is a global mix of Mediterranean/Italian/American specialties. Chef Leonardo Pavia offers such dishes as Spaghetti Bolognese, Squid Ink Linguine, Braised Short Ribs, Zuppa di Pesce, a surprising Coq au Vin, even a big juicy Wagyu Truffle



Burger. Nick & Jetonir had worked previously worked at the iconic Russian Tea Room in Manhattan. Open 7 days for lunch, dinner, weekend brunch. Prix fixe lunches available. Basilico Restaurant, 142 Fifth Ave., Pelham. 914-740-5900 www.basilicopelham.com

A CRAVING FOR DUMPLINGS AT MISTER CHEN – Mister Chen in Mamaroneck and Scarsdale serves a modernized Chinese menu espousing popular traditional regional dishes. It is carving out a place all its own thanks to owner Paul Chen and his mom who is

head chef. I was excited about the dumpling station where you can watch the cooks prepare a variety of Chinese dumplings from scratch. Take a careful bite and suck up that delicious warm broth, then savor the delicious pork or shrimp filling. Also enjoyed their Pork Belly Sandwich, meaty Spareribs, General Tsao's Chicken, spicy Kung Pao Chicken, and Jumbo Prawns with garlic sauce. There's even old fashioned Chow Mein. Mister Chen, 265 Mamaroneck Ave., Mamaroneck. 914-777-1212, or 96 Garth Road, Scarsdale. 914-574-6098 www.misterchenny.com www.misterchenseafood.com

A TASTE OF FRANCE AT CAFÉ DEUX – Sisters Carrie and Charlotte Denoyer premiered Café Deux in Harrison last year, an all-day café and restaurant serving breakfast, lunch and dinner. Highlights include a decadent bowl of soft scrambled eggs melded with gruyere and chives served with crusty sourdough bread. Classic French bistro fair: fresh pastries, sandwiches, entrees, and sweets including their signature 'cupped desserts' as complement their daily selection of curated coffees and teas. Cocktails, too. Jean Denoyer, their father, opened the original La Goulue in Manhattan over 50 years ago. Café Deux, 307 Halstead Ave., Harrison. The café will be open 7 days a week. 914-920-4110 www.cafedeuxny.com

Westchester County Youth Bureau Attends Youth Leadership Forum

The Westchester County Youth Bureau rallied Youth Bureaus from across the County to attend the annual Youth Leadership Forum in Albany; a free interactive leadership and educational conference offered to youth (ages 12 and older) and Youth Bureau personnel from across New York State. During



this two-day event, students convened at the Empire State Plaza to participate in seminars and workshops and then met individually with their New York State representatives regarding funding for key initiatives. This year's legislative priorities included expanded programming and infrastructure improvements for after-school, investment in youth employment opportunities and development of additional swimming facilities and programs.

The forum is designed to empower young people by teaching them communication skills and confidence needed to become effective advocates. It offers over 200 youth, many at high-risk and from marginalized populations, opportunities to develop skill sets and on topics such as citizenship, social/racial justice and equity, mental health, substance use disorders and other relevant issues. Participants engage in teambuilding exercises, discussion groups and are encouraged to bring what they learned back to their communities.

NYS Senate Majority Leader Andrea Stewart Cousins said: "It is always a privilege to welcome the passionate young leaders of Westchester to Albany for Youth Advocacy Day. The Westchester County Youth Bureau, along with local youth bureaus, plays a crucial role in ensuring that our children and families have access to the resources they need to thrive—whether through afterschool programs, mental health support, or career development opportunities. Our Senate Majority Conference has been steadfast in securing significant investments for youth programming, education, and services that help build a foundation for success. I enjoyed the opportunity to hear directly from our young advocates, learn about their priorities, and reaffirm our commitment to strengthening these essential programs. Their voices matter, and their advocacy is shaping a brighter future for New York."

Westchester County Executive Ken Jenkins said: "So many people believe that government is an abstract notion, disconnected from people's daily lives. I can't think of a better way to teach our young people that good government is about interaction between residents and

those who legislate than this leadership and advocacy forum. The more opportunities we can provide for Westchester's students to engage regarding their priorities, the more we are preparing them to be tomorrow's leaders."

Westchester County Youth Bureau Executive Director Ernest McFadden

said: "The Westchester County Youth Bureau, along with participating Youth Bureaus from every municipal level in New York State, enthusiastically attended this year's annual Youth Leadership Forum. Coordinated by the Association of New York State Youth Bureaus, our membership serves nearly one million young people annually, we look forward to having the opportunity to teach our young people about the power of advocacy and civic engagement. This year we were able to provide this exciting experience for close to 100 students from across the County."

"We believe that youth voice is critical to the ongoing success of our programming. Youth engagement in policy is not just important – it's critical to creating real change. Youth advocacy isn't just about speaking up – it's about demonstrating to lawmakers that young people are invested in the future and proactively seek meaningful change."

Scarsdale High School senior Kamila El Moselhy said: "The New York State Legislators are incredibly supportive and willing to hear our voices. Coming to Albany for the past two years has made me feel seen and gives me an opportunity to represent my community as well as hear the voices of my peers. These youth activities encourage me to step outside of my comfort zone and advocate for youth needs around the state."

County by visiting www.westchestergov.com.

Regards,

Joy Haber

Public Information Officer for Human Rights Commission, Office for Women, Youth Bureau, Office of Assigned Counsel and Office of Housing Counsel

Grandparent Scam Information

Grandparents often have a hard time saying no to their grandchildren, which is something scam artists know all too well. Scammers who gain access to consumers' personal information, by mining social media or purchasing data from cyber thieves can create storylines to prey on the fears of grandparents. The scammers call and impersonate a grandchild- or another close relative - in a crisis situation, asking for immediate financial assistance. Sometimes these callers "spoof" the caller ID to make an incoming call appear to be coming from a trusted source. Often the imposter claims to have been in an accident or arrested.

The scammer may ask the grandparent "please don't let mom and dad know," and may hand the phone over to someone posing as a lawyer seeking immediate payment, a government official or a bail bondsman. The person

receives a phone call initiated with a phrase like, "Hi Grandma/Grandpa! Do you know who this is?", or something similar. If the grandparent responds with a name, the con artist assumes the name is a grandchild's and uses it to pose as the grandchild. The "grandchild" describes some type of urgent trouble, often in a foreign country, and begs the grandparent to immediately wire money through Western Union or MoneyGram to pay for medical treatment, bail money, auto repair, or a ticket home.

By claiming that they are embarrassed or there is no time to talk to others, the con artist tries to dissuade the

grandparent from contacting the grandchild's parents or friends. Always use caution if you are being pressured



for information or to send money quickly. Scammers often try to bully victims into transferring money through a mobile payment app, by wiring money, or by purchasing gift cards or money orders. Some may even request to meet to receive money in person. If you get a call like this, hang up and report it immediately to local law enforcement.

How to Avoid -- Contact a family member who could confirm the caller's story. Try contacting the real grand-

child at a number you know is accurate. You can also ask questions of the caller, the answers to which only the real grandchild would know. Be attentive to whether the caller is answering in detail or just guessing the answers. This scam depends upon a grandparent's compassion for their grandchildren outweighing any concern about potential scams. The various excuses created by fraudsters almost always involve an emergency and a desire for secrecy. A scammer often claims that there is no time to speak to others or that the "grandchild" will be embarrassed if other family members know about the situation. Fraudsters ask for secrecy because they know if you contact another family member, you will discover the scam. If you receive a fraudulent phone call like the Grandparents Scam, try to trace the call. Also, you should promptly file a criminal complaint.

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Project Community in Pelham, is searching for a Pediatric nurse to manage Project CHILDD (projectcommunity.us) - a monthly program of art, music, and yoga for children and teens with developmental disabilities. Meetings take place on Sunday 2 - 4 pm, September through May and are staffed by community volunteers and teen mentors. Contact administrator@projectcommunity.us for complete job description.

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The Scarsdale Sentinel is published monthly by Shoreline Publishing, Inc., 629 Fifth Avenue, Suite 213, Pelham, NY 10803. 914-738-7869. The entire contents of the Scarsdale Sentinel is copyrighted. No portion may be reproduced without written permission of the publisher. The views, opinions and content of this publication does not necessarily reflect that of the staff of Shoreline Publishing.

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Peripheral Neuropathy Breakthrough at White Plains Acupuncture

“My feet feel like they’re on fire.” “Each step feels like I’m walking through wet paint.” “I can’t sleep because my hands and feet tingle all night.” “I live in constant fear that I’ll fall.”

What do all of these people have in common? They each suffer from Peripheral Neuropathy (PN). It is estimated that more than 20 million people in the United States have PN. Unfortunately, this figure may be significantly higher as the disease is often misdiagnosed due to its wide array of symptoms.

Ginnette Diaz, Licensed Acupuncturist, founder of White Plains Acupuncture, shares the belief that PN is more common than even the worst estimate. “I’ve been treating neuropathy, in all its various forms, for over 15 years, and so often my patients come to me because of the symptoms, not because of a diagnosis. They read one of my news articles, or read the testimonial of another patient, and say to themselves, ‘Hey, I feel the same thing.’”

Frankie M. of Rye testified to this: “I remember my husband driving me to my consultation and I saw a woman running just outside our neighborhood. I was so envious- I just kept thinking ‘I would give anything just to walk again.’ My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed.”

Fortunately, Frankie would eventually see Ginnette Diaz on the local news talking about similar symptoms and how she offers a real solution at White Plains Acupuncture. “I just knew I had to see her. She was my last hope.”



“Almost all of our patients come to us with a story similar to Frankie’s. They’ve been everywhere else. They’ve been told there’s no hope. They’ve been told it’s ‘just part of getting older,’” shares Jeinny, a Patient Care Technician at White Plains Acupuncture. “It just breaks my heart, but I know how much we can help people like Frankie, so I’m always so happy when they walk through our door.”

Peripheral neuropathy is a result of damage to the nerves, often caused by (and always compounded by) a lack of blood flow in the hands and feet. This lack of blood flow results in a lack of nutrients, and the nerves begin to degenerate and die. This causes pain and other sensations ranging from uncomfortable to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. “In this case, the absence of pain is not necessarily a good thing,” shares Ginnette Diaz. “This usually indicates that your nerves are hanging on by a fragile thread.”

Those diagnosed with peripheral neuropathy often

face a very grim reality: Western medicine declares that there is no solution, while alternative therapies offer little to no results. Ginnette Diaz and the staff at White Plains Acupuncture have a track record that proves that they are different, and they pride themselves on being “the last resort with the best results.”

So exactly how is Acupuncturist Ginnette Diaz able to reverse the effects of this degenerative disease? Through a unique blend of one of the most time-tested therapies and the most cutting-edge. “Acupuncture has been used to increase blood flow for thousands of years, and it helps get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy®. This is a technology that was originally developed by NASA to expedite healing and recovery.”

“I just can’t say enough about White Plains Acupuncture,” Frankie shares through tears of joy. “My husband and I moved here 3 years ago and he’s gone to the beach almost every day. I always stayed home because of the pain and discomfort. But yesterday, I walked on the beach with him! And next week we’re starting dancing lessons. I am truly living life these days.”

“According to Frankie’s test results, she has seen a 74% improvement in pain and functionality, which is on par with a majority of our patients,” shares Jeinny. “But more important than those test results is the joy she’s expressed in being here, and getting to hear about all the amazing things she’s able to do because she feels great!”

By seamlessly blending the ancient science of acupuncture with modern medical solutions, Ginnette Diaz has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed. “This not only aids in making a proper diagnosis, but it helps to define just how much nerve damage has occurred,” explains Ginnette Diaz. “This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I’m familiar with the medical miracle but I know my limits as a practitioner and the limits of my medicine.”

When it comes to treating Peripheral Neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling or ‘pins and needles,’ or you’ve recently been diagnosed with Peripheral Neuropathy (PN), it’s important to know that there are options.

**There is hope.
Call (914) 354-0333 to
schedule an initial consultation
or visit
WhitePlainsAcupuncture.com to
read more incredible success
stories.**